

## Electronic Newsletter

We're counting down the days to completion of the Clarksville Montgomery County Senior Citizens Center expansion. Construction seems to be on tract. Everyone here is excited to see the long awaited results and experience the benefits.

It is now official, The Senior Circle of Friends Adult Day Care, has had a name change, to "The Senior Circle of Friends Adult Day **Center**". Now our name may have changed but this staff will continue to provide a source of respite for caregivers and loving, protective care to all participants.

Our staff is required by the Department of Human Services to receive at least 12 hours training annually. The training subjects are of a wide variety pertaining to care of elder individuals. The staff is trained in CPR/AED, Elder Abuse and Care, Fire and Safety, Universal Health Precautions, Title VI, Alternative forms of Communication, and Disability Etiquette and Awareness to name a few. Our staff is well trained and they receive substantially more training than is required.

While attending the ADC participants have a choice of numerous activities in the adult day center as well events and activities within the greater community of the Clarksville Senior Center. One may choose to shop the thrift store, attend a nondenominational religious service, play ping pong, pool, work jigsaw puzzles, dance, attend music programs, or daily exercise. One can attend a sewing, quilting and ceramic classes. These are just a few activities and there is so much more.

Family members are encouraged to visit. Many drop by to share a lunch or take their loved one to lunch. Individuals are checked out by caregivers for Dr. appointments or other outside appointments or family activities.

Participants have worked on their art exhibit for the annual Seasoned Art Show happening in May. It is interesting and challenging for participants to invest their time and creative talents into a rewarding project that might possibly be a blue ribbon winner.

There are still available openings for new participants in the Senior Circle of Friends. There is no waiting list at this time. If you or someone you know needs assistance caring for a loved one call 931-648-1345 or 931-648-9727 or e-mail [lillianpulley696@gmail.com](mailto:lillianpulley696@gmail.com) or [ctr7528@hotmail.com](mailto:ctr7528@hotmail.com). Our web site is [www.ajaxturner.org](http://www.ajaxturner.org).

Please let us hear from you.

Currently openings are available for new participants with no waiting list. If you or someone you know needs assistance caring for a loved one, please see our contact information below.

Telephone 931-648-1345 or 931-648-9727

E-mail at [lillianpulley696@gmail.com](mailto:lillianpulley696@gmail.com) or [ctr7528@hotmail.com](mailto:ctr7528@hotmail.com)

Web [www.ajaxturner.org](http://www.ajaxturner.org)

# Senior Circle of Friends Adult Day Care



**A busy and satisfying Day for everyone**