

Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Pepper Steak White Rice Mixed Vegetables	2 Spaghetti Casserole Mixed Vegetables Fried Okra	3 Baked Chicken Mashed Potatoes Squash	4 Fried Fish White Beans Cole Slaw Fried Cornbread	
	7 Hamburgers French Fries Baked Beans Vegetables	8 Chicken Fritters Mashed Potatoes Sweet Peas Turnip Greens	9 Meat Loaf Mashed Potatoes Black-eyed Peas Steamed Cabbage	10 Chicken & Dumplings Fried Okra Salad	11 Fried Fish White Beans Cole Slaw Turnip Greens
	14 Liver & Onions Salisbury Steak Mashed Potatoes Vegetables Pinto Beans	15 Pork Chop Mashed Potatoes Black-eyed Peas Steamed Cabbage	16 Spaghetti Green Beans Garlic Bread Salad	17 Vegetable Soup with Sandwiches: ➤ Tuna ➤ Ham ➤ Pimiento Salad	18 Fried Fish White Beans Cole Slaw Mixed Greens
	21 Liver & Onions Chicken Fritters Mashed Potatoes Vegetables Black-eyed Peas	22 BBQ Chicken Mashed Potatoes Sweet Peas	23 Hamburgers French Fries Mixed Vegetables Baked Beans	24 Baked Ham Mashed Potatoes Broccoli Green Beans	25 Fried Fish White Beans Cole Slaw Mixed Vegetables
	28 Liver & Onions Baked Ham Mashed Potatoes Sweet Peas	29 Pulled Pork French Fries Baked Beans Vegetables	30 Salisbury Steak Mashed Potatoes Black-eyed Peas Steamed Cabbage	31 ***Free Meal*** Roast Beef Mashed Potatoes Black-eyed Peas Salad	 <p> Clarksville 50+ Activity Center 953 Clark St Clarksville TN 37040 931-648-1345 </p>

All meals include salad, drink, and dessert.

Cost is \$5.00 for members and \$7.00 for guests